

### **Club Meeting**

Dougherty County (Albany) Meets at Austin's Firegrill 2817 Old Dawson Rd Albany, GA 31707 Time: Tuesday at 12:00 PM



Club Leaders





<u>Jessica</u> <u>Zurheide</u> Public Relations









Club Executive Secretary Club Service Chair Club Learning Facilitator

# March is Women's History Month

Women's History Month is a celebration of women's contributions to history, culture, and society and has been observed annually in the month of March in the United States since 1987. Women's History Month is dedicated to reflecting on the often overlooked contributions of women to U.S. history. From Abigail Adams to Susan B. Anthony, Ruth Bader Ginsberg to Rosa Parks, the timeline of women's history milestones stretches back to the founding of the United States. Each year, the National Women's History Alliance sets a theme for the month. This year, the theme is "Moving Forward Together! Women Educating & Inspiring Generations." This theme celebrates the collective strength and influence of women who have dedicated their lives to education, mentorship, and leadership, which closely mimics Rotary's advocacy.



# Welcome New Member: Nichelle Loud!

Help me give a warm welcome to our newest club member, Nichelle Loud! Nichelle is a native of Albany and

**Birthdays** 

No Birthdays Found currently lives in Lee County. She has been married for more than 8 years and has two amazing children, a 7-year-old daughter and a 9-year-old son.

Nichelle is also the proud owner of 818 Diagnostic Solutions. 818 Diagnostic Solutions is a clinical reference laboratory that specializes in corporate workplace occupational services, environmental testing, legal and judicial screening, non-invasive testing and more. Her firm has partnerships with the Albany Fire Department, City of Albany, Dougherty County, Proctor & Gamble, etc. Her interest in Rotary is the civic engagement, fostering partnerships, learning and connecting.

Welcome to the Rotary Club of Dougherty County, Nichelle!



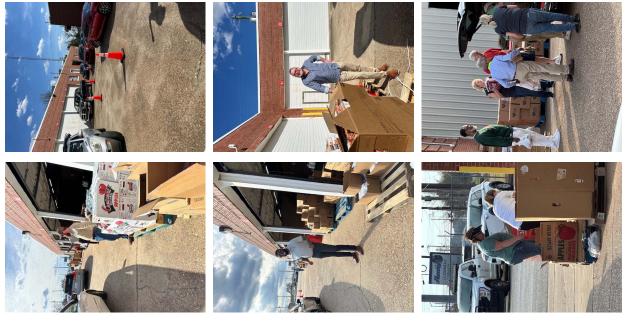
## 3/4 Meeting Recap

Last week, we heard from Coach Fabrizio as he shared information about the incredible athletic department and program that has been flourishing in the Lee County School System. It is evident in each of Coach Fabrizio's players and students how dedicated he is to his craft. Lee County is lucky to have him as a coach, and we were honored to have him as a speaker at our meeting! Thanks, Coach!



## **Mobile Distribution**

Thank you to all of our club members who came out to help distribute the food boxes that we packed at Feeding the Valley! It's amazing to see the difference our members make every day in our community, but it's especially moving to see us all come together to make such a powerful impact in the lives of our neighbors and friends. Great job everyone!



# Upcoming Meeting 3/11



Victoria Green Brackins (Phoenix) is the first and leading A.C.E. and Social Trauma Escape Strategist, as well as the lead trainer and founder of Trauma Training University, with the mission of helping communities become more trauma triumphant, by teaching people to see and treat trauma with the "trained eye". She has trained thousands of people on Adverse Childhood Experiences and Positive Childhood/Charged Experiences (PCEs), and continues to contribute significantly to the ACES body of work, including concepts she's personally coined, such as "forerunner friction", "location trauma/ACES", and "excessive pressure to succeed", trauma specific courses such as "Playing The A.C.E. of Diamonds: Wisdom For Exposing and Escaping Systems of Generational Poverty", "Playing The A.C.E. of Hearts: Realizing That You Deserve Good Health Despite Your Upbringing", and the TRRRU (Trauma Rescue, Recovery and Restoration) Assessment. As a minister of teaching, certified trainer, and minister of the Gospel, Brackins' passions are teaching, learning and traveling, to fulfill her life's mission of empowering minds and elevating lives.

### Can't Make It In Person? We Still Want to See You!

Great news! For those who cannot attend in person, we now offer the option to join the meeting virtually via Zoom. Of course, we still want to see your smiling face in person, but if life is getting in the way that do, zoom in and don't miss!

See you at the meeting or online! Join Zoom Meeting Here

Meeting ID: 969 512 0262 Passcode: 8jXhuW1+K

# Phoebe Living and Learning Community Tour



We have been invited to tour Phoebe's new Living and Learning Community on Thursday, March 20th at 12:00pm. Please RSVP using the link below if you plan to attend!

Tour the Living and Learning Community - RSVP

### Service Project: Helping Hands Volunteers for Upcoming Dates

Upcoming service days and volunteers: **Friday, 03/28 - Robin Strickland, Becca Cook, Amber Chilson** Friday, 04/25 - Robin Strickland, Mary Bickerstaff, Amber Chilson Friday, 05/02 - Jennifer Dozier, Robin Strickland, Becca Cook

Arrive at Alice Coachman by 12:30. Please find your own replacement and notify teammates. Take pictures of the packing activity for social media. A 10 second video would be great! Wear your Rotary shirt!

### **Events**

March 11th, 11:00-11:55 AM New Member Club Orientation March 18th, 11:00-12:00 PM Dougherty County (Albany) Monthly Board Meeting March 20th, 12:00-1:00 PM Phoebe Living and Learning Center Tour March 28th, 12:30-1:30 PM Helping Hands Service Project at Alice Coachman Elementary April 8th, 12:00-1:00 PM Dougherty County (Albany) Weekly Club Meeting March 11th, 12:00-1:00 PM **Dougherty County (Albany) Weekly Club Meeting** March 18th, 12:00-1:00 PM **Dougherty County (Albany) Weekly Club Meeting** March 25th, 5:00-7:30 PM **Dougherty County (Albany) Monthly Social** April 1st, 12:00-1:00 PM **Dougherty County (Albany) Weekly Club Meeting**